

CURRENT COVID GUIDANCE

5-Day Isolation/Quarantine per CDC Guidance

Effective immediately, we have adjusted our isolation and quarantine periods to align with the [most recent guidance from the CDC](#).

Fully vaccinated individuals, as per the recently released CDC guidelines on quarantines, are defined as those that:

- Have received the booster, OR
- Completed the primary series of Pfizer or Moderna vaccine within the last 6 months, OR
- Completed the primary series of J&J vaccine within the last 2 months

The updated CDC quarantine guidance requires the following:

- **If someone tests positive for COVID, regardless of vaccination status, the individual must:**
 - Isolate for a full 5 days regardless if symptoms are present or not and regardless if any symptoms resolve before the 5 days are complete.
 - For symptomatic people, day 1 is the first full day after symptoms develop.
 - For asymptomatic people, day 1 is the first full day after the positive test is administered.
 - Example: Symptoms develop or a positive test is administered on a Sunday. Day 1 is Monday. The individual isolates Monday through Friday. The first potential day out of isolation is Saturday.
 - If asymptomatic or symptoms resolve before day 5, the individual must still complete the full five days of isolation and must wear a mask around others for five more days.
 - The individual must be fever-free for 24 hours before leaving isolation. The 5-day rule still applies, but if a fever is present after 5 days, the individual must remain isolated until fever-free for 24 hours.
 - There is no need to test before leaving isolation (though the individual could remain COVID positive for some time, the person is no longer contagious).